GOVERNMENT OF INDIA
WOMEN AND CHILD DEVELOPMENT
LOK SABHA

UNSTARRED QUESTION NO:3166
ANSWERED ON:15.03.2013
REVIEW OF SUPPLEMENTARY NUTRITION PROGRAMME
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Will the Minister of WOMEN AND CHILD DEVELOPMENT be pleased to state:

(a) whether the Government has conducted any study to review the current distribution system of Supplementary Nutrition Programme (SNP) through Anganwadi Centres;

(b) if so, the details and the outcome thereof ;

(c) whether the Government proposes to change the food items presently being distributed under the SNP programme ; and

(d) if so, the details thereof ?

Answer

MINISTER OF STATE OF THE MINISTRY OF WOMEN AND CHILD DEVELOPMENT (SHRIMATI KRISHNA TIRATH)

(a)& (b): Programme Evaluation Organization of the Planning Commission conducted an evaluation study of ICDS Programme in 2009, through National Council for Applied Economic Research (NCAER). As per the report, at the national level, of those recorded in the delivery register for ICDS benefits, 64 percent children, received supplementary nutrition, immunization and other benefits. Around 78 percent of women (pregnant and lactating) and 42 percent of adolescent girls recorded in the delivery register actually received benefits under SNP.

(c)& (d): Supplementary nutrition under the ICDS is primarily designed to bridge the gap between the Recommended Dietary Allowance (RDA) and the Average Dietary Intake (ADI) and is not a substitute to any meals to be given to children at home. Beneficiaries under the ICDS are required to be provided with supplementary nutrition in accordance with Guidelines issued by Government of India on 24.02.2009 and endorsed by Hon'ble Supreme Court vide its order dated 22.04.2009.

The type of food and the nutritional norms as per above guidelines are as follows:

Age group	Type of food	Calories (kcal.)	Protein(g)
Children 6 Months to 3 years	Take Home Ration (THR) in the form of Micronutrient Fortified Food and/or Energy-dense Food.	500	12-15
Severely under-weight children	THR in small frequent meals to the child.	800	20-25
Children 3 to 6 years	1.Morning snack 2.Hot cooked meal.	500	12-15
Severely under-	1. Morning snack.	800	20-25

weight children	2. Hot cooked meal. 3. Micronutrient Fortified Food and/or Energy-dense Food as THR.		
Pregnant and Nurshing mothers	Take Home Ration (THR).	600	18-20

Government of India does not specify the food items to be distributed under SNP. To meet the requirements of the guidelines, the States provide the supplementary nutrition as per the recipes developed by them in consultation with the experts, the local preferences, availability etc.